

Eastern Idaho Technical College

St. Anthony, Ashton, & Rexburg Outreach

To register call 524-3000 ext. 3344 of 3345

Tuition must be paid at the time of registration. Classes will be held at South Fremont Junior and Senior High Schools (SFJrH & SFHS) and Madison High School (MHS). For further information or to request classes not listed in this schedule call Toni Crapo at 624-7879.

✓ BEGINNING EXCEL **COMP 107 04SP**

Wednesday, April 14 Shawna Smith/Toni Crapo 4:30-6:30 p.m. 8 Weeks
 Class: \$85 Lab Fee: \$5 Class Size Limit: 15 **SFJrH Computer Lab (St. Anthony)**

Excel is a spreadsheet program that is useful at home and in business applications. Spreadsheets create useful documents for financial records, charts, and budgeting. This course is ideal for those who want an easy way to keep records or quickly create useful charts of any kind.

✓ POWERFUL POWERPOINT PRESENTATIONS **COMP 108 03SP**

Wednesday, April 14 Shawna Smith/Toni Crapo 7:00-9:00 p.m. 8 Weeks
 Class: \$85 Lab Fee: \$5 Class Size Limit: 15 SFJrH Computer Lab (St. Anthony)

PowerPoint is a program designed to create presentations using text, pictures, and graphs. It can also be used to create games. This course will cover the basics of preparing and organizing information, graphics, and charts for Powerful PowerPoint Presentations.

✓ QUICKBOOKS **ACCT 101 02SP**

Wednesday, April 21. Lance Ellis/Toni Crapo 6:00-9:00 p.m. 4 Weeks
 Class: \$80 Class Size Limit: 15 **Fremont County Annex Building (St. Anthony)**

This is an excellent opportunity to become acquainted with Quick Books, have experienced teachers walk you through it, and learn how to use this program effectively. We will provide laptops for ten students during class, however, those whose personal laptops have the software on it are welcome to bring them.

✓ SPANISH II **LANG 103 02SP**

Wednesday, April 14 Frank Tavarez/Toni Crapo 6:00-8:00 p.m. 8 Weeks
 Class: \$60 Class Size Limit: 20 **SFHS #407 (St. Anthony)**

Students must have taken Spanish I or have equivalent experience to take this course. The curriculum will include a continuation of Spanish I materials as well as learning more vocabulary and the grammatical rules of the Spanish language. There will also be increased emphasis on conversational Spanish.

✓ HEALTH CARE PROVIDER CPR **EMER 103 25SP, 26SP, 27SP**

Wed, March 10, Dawnelle Thomas/Toni Crapo 6:00-10:00 p.m., 1 Night
Thurs, March 11, Class: **\$55** Class Size Limit: 6/night **SFHS #210 (St. Anthony)**
Tues, March 30

(American Heart Association) CPR 2 years

This course teaches students how to recognize an emergency and overcome the reluctance to act; use the EMS system; and recognize and care for breathing and cardiac emergencies in adults, children, and infants. (Covers CPR and AED) (Book is included) This course is required for all EITC medical programs and no prerequisites are required. NOTE: Course content is the same each night. Please specify your preferred night at registration.

✓ **ADULT FIRST AID AND CPR EMER 101 06SP**

Thurs, March 25 Dawnelle Thomas/Toni Crapo 6:00-10:00 p.m. 1 Night
Class: \$50 Class Size Limit: 12 per night SFHS #210 (St. Anthony)

(Medic First Aid International) CPR 2 years/First Aid 2 years (Meets Health Department/ OSHA requirements)

This course teaches students how to recognize an emergency & overcome the reluctance to act; use the EMS system; recognize & care for breathing & cardiac emergencies in adults; & identify & care for bleeding, shock, injuries, & sudden illnesses. A book and wallet reference card is included in the cost & no prerequisites are required. NOTE: Course content is the same both nights. Please specify your preferred night at registration.

✓ **PEDIATRIC FIRST AID AND CPR EMER 104 05SP, 06SP**

Tues, March 16, Dawnelle Thomas/Toni Crapo 5:00-10:00 p.m. 1 Night
Wed, March 24 Class: \$55 Class Size Limit: 12 per night SFHS #210 (St. Anthony)

(Medic First Aid International) CPR 2 years/First Aid 2 years (Meets Health & Welfare requirements for child care providers)

This course teaches students how to recognize an emergency and overcome the reluctance to act; use the EMS system; recognize and care for breathing and cardiac emergencies in adults, children, and infants; and identify and care for bleeding, shock, injuries, and sudden illnesses. A book and wallet reference card is included in the cost and no prerequisites are required but CPR training is helpful. NOTE: Course content is the same both nights. Please specify your preferred night at registration.

✓ **SMART SAVING LIFE 119 01SP**

Wednesday, March 17 Luke Erickson/Toni Crapo 7:00-8:30 p.m. 3 Weeks
Class: \$20 SFHS #206 (St. Anthony)

With inflation requiring us to pay more for nearly everything we need or want today, there is seldom enough money left in the budget to pay ourselves. Come learn from an educated, experienced instructor, Luke Erickson, University of Idaho Family Finance Extension Educator, how setting up savings accounts for such things as emergencies, retirement, and home purchases is not only possible but is also one of the smartest things you can do for yourself. Handouts will be included.

✓ **INTRODUCTION TO PHOTOGRAPHY ARTS 109**

Thursday, March 11 Renae Hartline/Toni Crapo 7:00-8:30 p.m. 3 Weeks
Class: \$25. MHS #FL-2 (Rexburg)

This class is designed with the novice photographer in mind and will be great for those wanting to improve the quality of family photos and pictures for their scrapbooks. Come and be taught by an enthusiastic instructor whose passion (and part time job) is photography! The curriculum will consist of the basics of photography including what kind of camera to buy for your needs, how to use and set the controls on your camera, proper lighting, black and white photography, composition (including the correct angles to shoot from and how to compose the subjects in your pictures), and how to download pictures from your camera to your computer. Students should bring two of their favorite pictures they have taken to the first class. Handouts are included in the cost of the class. Renae will teach an Intermediate Photography class (which includes a field trip!) in our Summer 2010 session, but students must have taken the beginner's class to enroll.

✓ **INTERMEDIATE SELF-DEFENSE PHYE 118 01SP**

Saturday, April 3 Brian Eckman/Toni Crapo 11:00 a.m.-12:00 p.m. 6 Weeks
Class: \$60 Class Size Limit: 20 TBA

This is a continuation of the materials, information, and tactics learned in the Beginning Self-Defense class but will provide more intense workouts and in-depth training with regard to self-defense strategies and moves. For more information call 356-3232. **NOTE: Days and times may be subject to change.**

✓ **INTRODUCTION TO YOGA PHYE 108 07SP**

Wednesday, March 3 Shelly Spratling/Toni Crapo 6:30-7:30 p.m. 1 Night
Class: \$5 Class Size Limit: 20 SFHS #408 (St. Anthony)

Have you ever wondered what yoga really is and what the benefits are of participating in this interesting form of exercise? Come bring your questions and enjoy an evening of instruction as this experienced instructor walks and talks you through proper stretching and breathing techniques, and helps you understand how beneficial yoga is to the health of your back and spine and other areas of your mind and body. Yoga promotes stress release, increases flexibility, promotes sleep, provides total body conditioning, burns fat, builds strength, gives you a calmer lifestyle, and energizes your life!! Students must be able to sit on the floor, and should dress in loose clothing and bring a towel or yoga mat.

✓ **BEADED BRACELETS AND NECKLACES CRFT 113 01SP**

Wednesday, April 28 Michele Bell/Toni Crapo 6:30-8:30 p.m. 1 Night
Class: \$12 Class Size Limit: 6 SFHS #406 (St. Anthony)

Are you looking for that 'one of a kind' gift to give someone you love or for your own unique jewelry collection? Come and learn the techniques necessary to create your own jewelry in this one night class. You will learn how to design and make these beautiful beaded bracelets and necklaces that are so popular today. You may discover some hidden talents you weren't aware of, and in the process, develop a new hobby!! Students may pick up a list of necessary supplies at registration. For more information, call Michele at 624-3240.

✓ **FLORAL FUN HORT 110 02SP**

Wednesday, March 10 Michelle Palmer/Toni Crapo 7:00-9:00 p.m. 1 Night
Class: \$27 Class Size Limit: 10 SFHS #406 (St. Anthony)

Create a fun, informal Easter floral piece for your own home or to give as a gift in this one night class. You will learn some of the basic techniques, elements, and principles of design as you put your own creative skills to work. Email Michelle at mpalmer14@hotmail.com with any questions. Students will need to provide their email address at registration as information for the class will be sent out electronically.

✓ **MAKE IT AND TAKE IT CRFT 115 01SP**

Wednesday, March 3 Michelle Palmer/Toni Crapo 6:00-8:30 p.m. 1 Night
Class: \$25 Class Size Limit: 10 SFHS #406 (St. Anthony)

Many of the current decorating trends center around the use of wooden blocks and the endless ideas for their use in spicing up your décor. Come and join the fun as you paint and decorate your own blocks to reflect your personality and taste. The theme for this session will be FAMILY. You will learn some of the tips and techniques necessary to insure your finished product has that professional look. Students wishing to view the project can email Michelle at mpalmer14@hotmail.com. Students will need to provide their email address at registration as information for the class will be sent out electronically.

✓ **CAKE DECORATING FOR KIDS** **FOOD 102 01SP**

Thursday, April 1 Shauna Wasden/Toni Crapo 5:00-6:00 p.m. 1 Night
Class: \$9 Class Size Limit: 10 MHS #FS-2 (Rexburg)

Hey kids!! Would you like to create some awesome Easter treats for your friends and family? Come learn a new skill while having fun with your friends!! This class will provide you with the basic skills of frosting, filling, and decorating cakes on a scaled down basis, by using cupcakes. Participants will not be using decorating bags or tips. Students should bring one dozen, unfrosted cupcakes, and the instructor will bring the frosting, filling, and decorating supplies. This class is designed for students 8-12 years old. Younger students must be accompanied by a parent.

✓ **INTERMEDIATE CAKE DECORATING** **FOOD 108 01SP**

Thursday, March 18 Shauna Wasden/Toni Crapo 7:00-9:00 p.m. 4 Weeks
Class: \$43 MHS #FS-2 (Rexburg)

For those wishing to further enhance their decorating skills, Shauna is offering this intermediate class. Students will be schooled in more intricate and detailed borders and flowers and will hone and define more exact finish work on their cakes. Participants need to have taken the Beginning Cake Decorating class or have had some previous experience with cake decorating. Contact Shauna at 356-9160 for more information.

✓ **ADVANCED CAKE DECORATING** **FOOD 104 01SP**

Thursday, April 15 Shauna Wasden/Toni Crapo 7:00-9:00 p.m. 4 Weeks
Class: \$43 MHS #FS-2 (Rexburg)

The main focus of this class will be learning how to work with fondant and refining your cake decorating skills, finishing with the grand finale—assembling and decorating a wedding cake!! What an accomplishment!! Instruction will also be given on making sculpted cakes. Students wishing to enroll in this class must have taken the Intermediate Cake Decorating class or have had significant previous experience with cake decorating. Contact Shauna at 356-9160 for more information.

✓ **MEALS ON A DOLLAR A DAY** **FOOD 113 01SP**

Wednesday, April 21 Janet Huff/Toni Crapo 6:00-8:00 p.m. 1 Night
Class: \$15 Class Size Limit: 12 SFHS #210 (St. Anthony)

Eating healthy, basic, simple, and FRUGAL meals is not impossible! Are you willing to eat more basic foods and do some planning and cooking in order to make meals on a dollar a day? Join Janet in exploring the ideas and ingredients that would help in accomplishing this goal. Samples and recipes will be provided.

✓ **COUPON BASICS** **COMM 106 01SP**

Thursday, March 25 Lyndi Sutton/Toni Crapo 7:00-9:00 p.m. 1 Night
Class: \$10 SFHS # 206 (St. Anthony)

In this informative class, you will learn how to be a strategic shopper, and cut your grocery bill up to 50% or more! The class will include a strategic shopper guide, a basic price book of commonly used items sold at stores in our area, and some coupons to get you started. Not only will you save 50% on your grocery bill, but you will save on all of your household items. Lyndi just pays sales tax on the items she gets free. As a stay-at-home mom, she has found being a strategic shopper is a great way to contribute to her family's financial well-being. Come and find out how you can do that too.

✓ **ADVANCED COUPON STRATEGIES COMM 107 01SP**

Saturday, March 27 9:00-11:00 a.m. Lyndi Sutton/Toni Crapo Class: \$15
& Monday, March 29 5:45-6:45 p.m. 2 Days

St. Anthony City Building -Sat & TBA –Mon (St. Anthony)

This class is geared to those who want to maximize their coupons to save even more money using advanced coupon strategies. Those strategies include using the Internet, using rebates, stacking coupons, using register rewards and catalinas, price matching, doubling coupons, and much, much more. This class will include an on-site guided shopping trip which will be on Monday evening at a store in Rexburg. Students will also be shown ways to make a few dollars using the Internet. You won't want to miss this one!!

✓ **BEGINNING CARD MAKING CRFT 117 02SP**

Tuesday, April 13 & 27, & May 4 & 18 Vanessa Tidwell/Toni Crapo 6:30-7:30 p.m. 4 Weeks
Class: \$32 SFHS #208 (St. Anthony)

NOTE: Classes are not on consecutive weeks.

The description for this course is the same as the prior one, however, different cards will be made in this session. Please specify your preferred night at registration.

✓ **UTILIZING FOOD STORAGE IN DAILY MEALS FOOD 117 01SP**

Wednesday, April 28 Janet Huff/Toni Crapo 6:00-9:00 p.m. 1 Night
Class: \$15 Class Size Limit: 12 SFHS #210 (St. Anthony)

Has the economy forced you to alter your food purchases and menus? Have you started clipping and using coupons to stretch your food budget? Learn how to integrate your food storage and budget items into your meals and discover the benefits of using your grains now to save you and your family some possible grief and problems if an emergency does occur and you are forced to use these items later. Mrs. Huff is a noted lecturer and speaker, and the author of a cookbook, The Basic Essentials Cookbook. Samples will be enjoyed.

✓ **GREENHOUSE CONSTRUCTION—START YOUR OWN PLANTS AT HOME HOME 100 01SP**

Thursday, March 4 Lance Ellis/Toni Crapo 5:00-6:30 p.m. 1 Night
Class: \$5 Fremont County Annex Bldg (St. Anthony)

These long, cold Idaho winters provide garden enthusiasts plenty of time to dream about and plan for spring and the promise of beautiful vegetables and flowers. Greenhouses allow you to get that extra 'jump' on your gardening pleasures. Come and learn about backyard greenhouse construction, various types of green-house building materials, how to start your seeds and the use of growing calendars to insure your plants are the perfect size for transplanting in the spring.

✓ **BEE KEEPING AGRI 100 01SP**

Wednesday, March 10 Lance Ellis/Toni Crapo 6:00-8:00 p.m. 1 Night
Class: \$5 Fremont County Annex Bldg (St. Anthony)

Bee Keeping is an interesting hobby for some and provides a little income for those so inclined to go to that level. This will be a basic course for those interested in learning about bee keeping, what it entails, and how to get started. It is a great course and will answer many questions about raising your own bees. BEE there or BEE square!!

✓ **LANDSCAPING WITH NATIVE PLANTS HORT 111 01SP**

Thursday, March 11 Lance Ellis/Toni Crapo 6:00-8:00 p.m. 1 Night

Class: \$5 Fremont County Annex Bldg (St. Anthony)

Our yards are extensions of our homes and provide us the opportunity to express our individual tastes and creativity. This course will teach us ways to use the native plants in our region to enhance our yards and gardens. A specialist from the University of Idaho will teach about different plant varieties, their uses, and desirable attributes in landscape design.

✓ **GARDEN SOIL, ORGANIC AMENDMENTS AND FERTILIZERS HORT 112 01SP**

Thursday, March 18 Lance Ellis/Toni Crapo 6:00-7:30 p.m. 1 Night

Class: \$5 Fremont County Annex Bldg (St. Anthony)

Playing in the dirt has never been so fun! This class will help you understand the basics of soil composition, pH nutrients, the role of fertilizers in plant growth, and how to develop a healthy nutrient rich soil for your garden and flower beds.

✓ **WEED CONTROL IN LAWNS AND GARDENS HORT 113 01SP**

Thursday, March 25 Lance Ellis/Toni Crapo 6:00-8:00 p.m. 1 Night

Class: \$5. Fremont County Annex Bldg (St. Anthony)

Why pay some outside source to handle this problem for you when the answers can be found at this informative class? This is your opportunity to learn all about the best ways to control those pesky weeds that continually crop up in your lawn and garden.

✓ **VEGETABLE VARIETIES #1 AGRI 101 01SP**

Wednesday, March 31 Lance Ellis/Toni Crapo 6:00-8:00 p.m. 1 Night

Class: \$5 Fremont County Annex Bldg (St. Anthony)

Participants in this class will discuss the first half of an alphabetical list of vegetables, their growth requirements and new or desirable varieties suited to flourish in our area. This is the first half of a two part class.

✓ **VEGETABLE VARIETIES #2 AGRI 101 02SP**

Wednesday, April 7 Lance Ellis/Toni Crapo 6:00-8:00 p.m. 1 Night

Class: \$5 Fremont County Annex Bldg (St. Anthony)

In the second night of this two part class, students will discuss the second half of an alphabetical list of vegetables, their growth requirements, and new or desirable varieties suited to flourish in our area.

✓ **HERBACEOUS ORNAMENTALS HORT 114 01SP**

Thursday, April 8 Lance Ellis/Toni Crapo 6:00-8:30 p.m. 1 Night

Class: \$5 Fremont County Annex Bldg (St. Anthony)

In this class, Lance will teach you the necessary steps to design, grow, and use ornamental flowers to have a gorgeous yard. You will learn the growth requirements of annual flowers in the landscape, and how to create a visual feast of color. Container and flower basket planting will also be covered. A field trip will cap off the evening.

✓ SQUARE FOOT GARDENING AGRI 102 01SP

Thursday, April 22 Lance Ellis/Toni Crapo 6:00-7:30 p.m. 1 Night
Class: \$5 Fremont County Annex Bldg (St. Anthony)

This method of gardening is an excellent way to maximize your vegetable production in a small area. This technique also gives you a growing edge as you can control everything about the soil's composition. This is an excellent method for homeowners who have small backyards or limited space to grow plants.

✓ OWNING AND MANAGING CHICKENS AGRI 103 01SP

Thursday, April 29 Lance Ellis/Toni Crapo 6:00-8:00 p.m. 1 Night
Class: \$5. TBA

If you are interested in raising chickens, or already have chickens, this class is for you!! Information to help you be a better, more efficient owner will be given and your poultry management questions will be answered. We will cover topics such as breeds, management, health, and everything else you may want to know about chickens. A hands on demonstration is included.

GED/BASIC SKILLS and ESL (English as a Second Language)

For more information on the following courses. contact the instructor listed or call Margaret Collins at 524-3000, Ext. #3336, for information about GED/BASIC SKILLS classes or call Rich Belnap at 524-3000, Ext. #3403, for information concerning ESL classes.

GED PREPARATION AND BASIC SKILLS

Tues, Wed, & Thurs Steve Riding 6:30-8:30 p.m.
313-2367 343 East 4th North, Rexburg, ID

Look for EITC sign.

You can earn a High School Equivalency Diploma by successfully completing tests in English, Math, Literature, Social Studies, Government and Science. Students can work at their own pace. A \$10 fee will be charged for each test. Students are not required to attend classes to take the final exam, but they may find them helpful. If you are at least 16 years old, not attending high school, and have an age waiver signed by yourself, your parent, and an official from the last school you attended, you are eligible to enroll. NOTE: Days and times may be subject to change.

ESL-ENGLISH AS A SECOND LANGUAGE

Do you know someone who cannot speak English or who might need to take an English as a Second Language class? How about someone who needs an ESL class for immigration requirements? This class is designed to provide the proper steps to help you master the English language as you learn the basic skills of reading, writing, and computation.

Eastern Idaho Technical College

St. Anthony, Ashton, & Rexburg Outreach

To register call 524-3000 ext. 3344 of 3345

Tuition must be paid at the time of registration. Classes will be held at South Fremont Junior and Senior High Schools (SFJrH & SFHS) and Madison High School (MHS). For further information or to request classes not listed in this schedule call Toni Crapo at 624-7879.

✓ THE ART OF GUM PASTE FLOWERS **CRFT 111 01SU (Summer)**

Thursday, May 13

Shauna Wasden/Toni Crapo

7:00-9:00 p.m. 3 Weeks

Class: \$35

MHS #FS-2 (Rexburg)

Come learn the basic techniques of using gum paste to create beautiful flowers and leaves to use individually or as arrangements on your cakes or other goodies. In this 'hands on' class you will not only be taught how to design and make these creations, but will also make a basic bouquet. Contact Shauna at 356-9160 for more information.

✓ SELECTING, PLANTING, AND MAINTAINING SHADE, SPECIMEN TREES AND SHRUBS **HORT 115 01SU (Summer)**

Thursday, May 6

Lance Ellis/Toni Crapo

6:00-8:00 p.m. 1 Night

Class: \$5

Fremont County Annex Bldg (St. Anthony)

This class will focus on the selection of shade, specimen trees & shrubs for your yard. We will answer your questions about which trees & shrubs will work best in which locations & for which purposes. The basics of planting, pruning, & maintaining healthy trees & shrubs will be discussed.

✓ GROWING SMALL FRUITS **AGRI 104 01SU (Summer)**

Thursday, May 13

Lance Ellis/Toni Crapo

6:00-8:00 p.m. 1 Night

Class: \$5

Fremont County Annex Bldg (St. Anthony)

If you are interested in learning about growing excellent raspberries, strawberries, and other small fruits, this is the class for you! We will discuss good varieties of fruit and their growing requirements. A field trip is included in the evenings' activities.

✓ HOME LANDSCAPE DESIGN **HORT 116 01SU (Summer)**

Thursday, May 20

Lance Ellis/Toni Crapo

6:00-7:30 p.m. 1 Night

Class: \$5

Fremont County Annex Bldg (St. Anthony)

If you are tired of the same old thing in your yard and are ready for a landscape makeover, or maybe just a little help here or there, then this is the class for you. We will discuss ways to spruce up a boring landscape, possible maintenance shortcuts, good design principles, and give attendees a refreshing way to approach their yards. A field trip will cap off the evening.

✓ DESIGNING AND BUILDING SMALL WATER FEATURES FOR HOMEOWNERS **HOME 101 01SU (Summer)**

Thursday, May 27

Lance Ellis/Toni Crapo

1:00-5:00 p.m. 1 Day

Class: \$25

TBA

This class is an awesome opportunity to learn how to design and build your own water feature. We will begin by having a lesson on design, construction, and aquatic plants, after which, as a group, we will build an actual water feature, providing those attending with a firsthand experience and understanding of this topic. This is a very involved class. Please dress appropriately so you can participate. Work apparel including gloves, work shoes, pants, and shirts are advised. Be prepared for manual labor.

✓ **BRICK PAVER PATIO CONSTRUCTION FOR HOMEOWNERS** **HOME 102 01SU (Summer)**

Thursday, June 3

Lance Ellis/Toni Crapo

1:00-5:00 p.m. 1 Day

Class: \$20

TBA

Brick pavers are so popular now and provide a beautiful addition to yards and walkways. This hands on class will cover the basics of brick paver patio construction. We will discuss pattern, preparation, and actual construction. At the conclusion of the lesson, the class members will actually build a brick paver patio. This will be a fun, rewarding experience!! Please bring your work gloves and be dressed to participate.